## AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings of claims in the application:

## LISTING OF CLAIMS:

Claims 1-15 (cancelled)

- 16. (new) A method for treating and/or preventing overweight in a mammal, comprising administering to said mammal a preparation which comprises:
- a. between 0.01 mg and 250 mg of said flavonoid per kg body weight of said mammal, said flavonoid being selected from the group consisting of chrysin, flavone, a flavonoid precursor that is convertible into a flavonoid by gastrointestinal hydrolytic cleavage, and mixtures thereof; and b. between 0.1 and 100 mg procyanidin per kg body weight of said mammal.
- 17. (new) The method according to claim 16, wherein said flavonoid is chrysin.
- 18. (new) The method according to claim 16, wherein said preparation contains at least 1 wt% of flavonoid based on the total dry weight of the preparation.
- 19. (new) The method according to claim 16, wherein said preparation contains at least 1 wt% of procyanidin based on the total dry weight of the preparation.
- 20. (new) The method according to claim 16, wherein said preparation is administered orally.

- 21. (new) The method according to claim 16, wherein said preparation further comprises a thermogenic ingredient.
- 22. (new) The method according to claim 21, wherein said thermogenic ingredient is caffeine.
- 23. (new) The method according to claim 16, wherein said preparation further comprises between 0.5 mg and 100 mg fiber per kg body weight of the mammal.
- 24. (new) A nutritional composition suitable for enteral administration to reduce appetite comprising:

  a. between 5 mg and 10 grams of a flavonoid selected from the group consisting of chrysin, flavone, a flavonoid precursor that is convertible into a flavonoid by gastrointestinal hydrolytic cleavage, and mixture thereof; and

  b. between 10 mg and 12.5 g procyanidin.
- 25. (new) The nutritional composition according to claim 24, wherein said flavonoid component is chrysin.
- 26. (new) The nutritional composition according to claim 24, further comprising a thermogenic ingredient.
- 27. (new) The nutritional composition according to claim 26, wherein said thermogenic ingredient is caffeine.